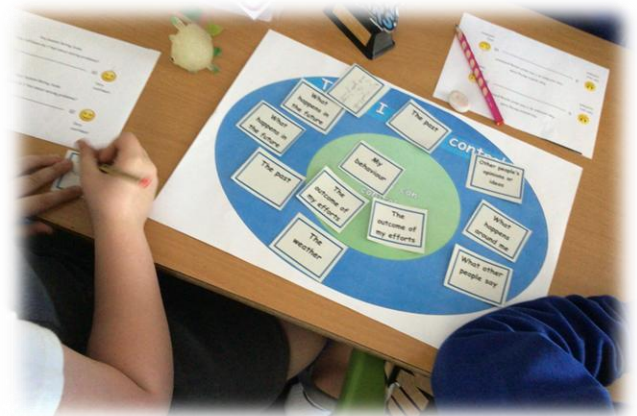


Friday 1<sup>st</sup> May 2026

## MHST Workshops



Year 3 and Year 6 had a great time this week taking part in workshops led by the Mental Health Support Team (MHST).

In Year 6, the focus was on helping pupils feel calm and confident as SATs approach. They talked about what stress is and why it can happen, and learned simple, helpful strategies to manage it. This included breathing exercises, positive thinking, and ways to stay calm and focused when feeling nervous.

Year 3 enjoyed a fun and active workshop all about problem-solving. The children worked together on challenges, tried different ideas, and learned not to give up when things feel tricky. The session helped them build confidence, resilience and teamwork skills.

## Family Mass



Thank you to all the families and staff who attended our Family Mass on Sunday. The children read and sang beautifully, and it was wonderful to gather together afterwards in the parish hall for this special occasion.

We would like to remind all families that our school is a nut-free environment. This is essential to help protect pupils with severe allergies and ensure everyone's safety. Please take a moment to carefully check all snacks, packed lunches, and food items before sending them into school, making sure they do not contain nuts or traces of nuts. Your cooperation and attention to this matter are greatly appreciated and play a vital role in keeping our school community safe.



## May day procession



We warmly invite you to join us for our May Day procession at school on Friday 8<sup>th</sup> May at 2pm.

This special tradition is a meaningful time for our community to come together to honour Mary, the Mother of God, and to reflect on her love, kindness, and faith.

We would be delighted if you could join us in celebrating this lovely tradition and sharing in this special moment with the children.

We look forward to welcoming you.

# OUR CLASSROOM NEWS

Look what we've been learning this week...

## EYFS

The children have been enjoying the sunshine this week while taking part in lots of outdoor learning! In Maths, we explored a "magic box" of gems, working out how many we started with and how many were added or taken away. The children have thoroughly enjoyed this activity across the week.



## YEAR 1

This week in Year one, we got to play with the rubber ducks to test volume and capacity and floating and sinking.



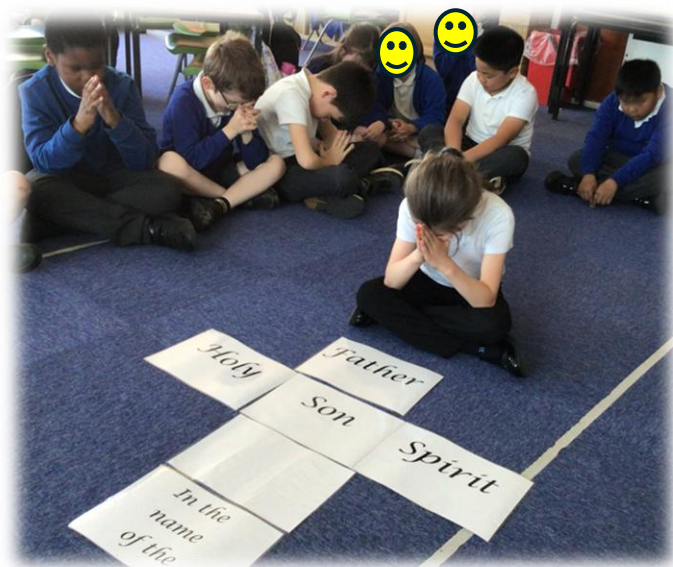
## YEAR 2

This week Year 2 have been planting sunflower seeds and onion bulbs to test out which conditions are needed for plants to grow. We will continue to investigate each week and see which plants grow the biggest.



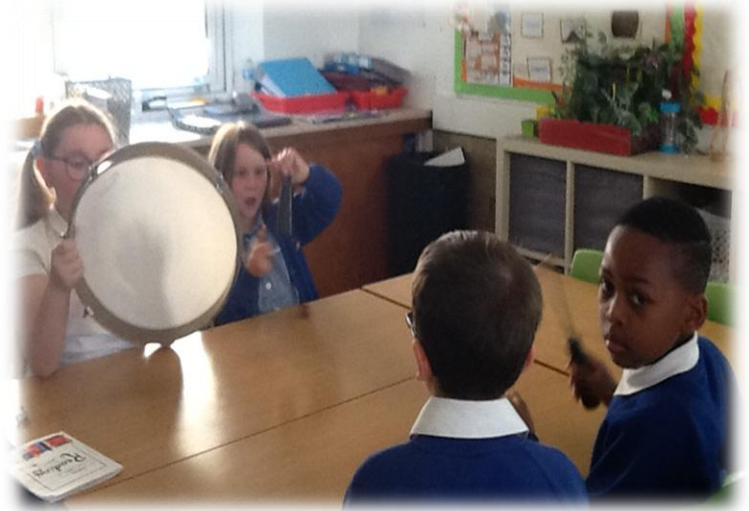
## YEAR 3

Year 3 shared some beautiful reflections in RE this week. What they said has truly inspired us and reminded us of the depth of their thoughtfulness and faith. Their words showed kindness, understanding, and a genuine sense of care for others, which was wonderful to see. We are very proud of the way they expressed their ideas with such honesty and confidence.



# YEAR 4

Year 4 have been learning about Samba music and where it originated from. They also enjoyed learning different Samba beats on the percussion instruments.



# YEAR 5



This week in year 5 we have been putting our athletic skills to the test running relays, working on our communication and team work as well as enjoying the lovely sunshine that has been keeping us warm. We have had practice races, and I have been blown away with the commitment the class has all had really giving it their all.

Year 6 had a visit from the Mental Health Support Team this week to do a workshop. We discussed body language and expressions and how they can convey different feelings. We then looked at anxiety and stress and how these might affect not only how we think but our bodies. We came up with lots of different strategies and breathing exercises to help us when we are feeling worried or anxious about something.

# YEAR 6





## ENGLISH

EYFS: Grace & Iris

YEAR 1: Edward

YEAR 2: Nathan

YEAR 3: Karter

YEAR 4: Finley

YEAR 5: Elizabeth

YEAR 6: Nicolae

## CURRICULUM

EYFS: Aiden

YEAR 1: Jaxson & Mackley

YEAR 2: Emimah

YEAR 3: Albert

YEAR 4: Remi

YEAR 5: Evan

## MATHS

EYFS: Sophia

YEAR 1: Maveen

YEAR 2: Jaidyn

YEAR 3: Nela

YEAR 4: Darcie

YEAR 5: Iiyana

YEAR 6: Michelle

## Bee-attitudes



EYFS: Nate

YEAR 1: Millie

YEAR 2: Janhvi

YEAR 3: Mollie

YEAR 4: Maria F

YEAR 5: Jotham

YEAR 6: George



YEAR 1: Eva

YEAR 2: Emimah

YEAR 3: Ariana

YEAR 4: Amelia

YEAR 5: Starla

YEAR 6: Amelia



Dear God,

Thank you for our school, our friends, and our families. Help us to follow Jesus' example by showing love and kindness to everyone we meet. Guide us to make good choices, to help those in need, and to always try our best. When things feel difficult, remind us that you are always with us.

Amen.

### The Fifth Sunday of Easter

We remember Jesus teaching us about love. He tells his friends to "love one another" just as He has loved them. This special Sunday reminds us that showing kindness, caring for others, and being a good friend are very important in our everyday lives. It is a time to think about



### Fifth Sunday of Easter Challenge

We remember Jesus' message to "love one another" just as He loves us. It reminds us that we can show God's love through kindness, care, and friendship in everything we do.

This week, try to complete three simple acts of kindness:

- Help someone at home without being asked
- Include someone new in your games or conversations

Let's try our best to share love and kindness every day, just like Jesus teaches us!